








IMPACT CALENDAR

JUNE 2024

IMPACT
WORKING

MON	TUE	WED	THUR	FRI	SAT	SUN
27	28	29  12:30PM	30	31	1	2
3	4	5  12:30PM	6  5:30PM	7	8	9
10	11	12  12:30PM	13	14	15	16
17	18	19  12:30PM	20  5:00PM	21	22	23
24	25	26  12:30PM	27	28	29	30



YOGA CLASS

EVERY WEDNESDAY.

12:30PM - 1:15PM (Wellness Studio / Spectrum).

Stretch it out on the mat, learn different breathing techniques and boost your physical and mental wellbeing.

Claim your spot to attend a free class alongside 9 other yogis. Unprepared? Don't worry, we've got all the accessories you need to get fully immersed in the experience!



SUMMER PARTY

Thursday 6th June.

5:30PM (R+).



ENGLAND GAME (EUROS)

Thursday 20th June.

5:00PM (R+ and Spectrum).

Reading (R+) - Football, drinks and nibbles.

Bristol (Spectrum) - Showing the game in the communal area (beers provided in the fridge).

BOOK NOW - Tap on your chosen 'Impact Calendar' event to let us know you're in!



Spectrum (Bristol)









R+ (Reading)

IMPACT CALENDAR

JULY 2024

IMPACT
WORKING

MON TUE WED THUR FRI SAT SUN

1	2	3  12:30PM	4	5	6	7
8	9	10  12:30PM	11	12	13	14
15	16	17  12:30PM	18	19	20	21
22	23	24  12:30PM	25  5:00PM	26	27	28
29	30	31  12:30PM	1	2	3	4



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SUMMER PARTY

Thursday 25th July.

5:00PM - 10:00PM (Spectrum).

Bristol (Spectrum) - A fun-filled summer event, full of cocktails, music and games.

BOOK NOW - Tap on your chosen 'Impact Calendar' event to let us know you're in!



Spectrum (Bristol)









R+ (Reading)

IMPACT CALENDAR

AUGUST 2024

IMPACT WORKING

MON TUE WED THUR FRI SAT SUN

29	30	31  12:30PM	1	2	3	4
5	6	7  12:30PM	8	9	10	11
12	13	14  12:30PM	15  9:30AM	16	17	18
19	20	21  12:30PM	22	23	24	25
26	27	28  12:30PM	29	30	31	1



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BREAKFAST SOCIAL

Thursday 22nd August.

9.30 AM (Spectrum).

Breakfast social, treats from Farro Bakery.

From 9:30am in the main communal kitchen.

BOOK NOW - Tap on your chosen 'Impact Calendar' event to let us know you're in!



Spectrum (Bristol)



R+ (Reading)