



# UPCOMING EVENTS IMPACT BRISTOL







*Make an impact*



# IMPACT CALENDAR

FEBRUARY 2024

IMPACT  
WORKING

MON	TUE	WED	THUR	FRI	SAT	SUN
29	30	31  12:30PM	1	2	3	4
5	6	7  12:30PM	8	9	10	11
12	13	14  12:30PM	15	16	17	18
19	20	21  12:30PM	22	23	24	25
26	27  10AM	28  12:30PM	29	1	2	3



## YOGA CLASS

EVERY WEDNESDAY

**12.30 PM - 1.15 PM** (Wellness Studio)

Stretch it out on the mat, learn different breathing techniques and boost your physical and mental wellbeing.

Claim your spot to attend a free class alongside 9 other yogis. Unprepared? Don't worry, we've got all the accessories you need to get fully immersed in the experience!



## COFFEE TASTING EVENT

September: Thursday 28th

**10.00 AM - 10.45 AM** (Main Kitchen Area)

Please join us in tasting the finest coffees in the main kitchen area.






BOOK NOW - Tap on your chosen 'Impact Calendar' event to let us know you're in!

# IMPACT CALENDAR

MARCH 2024

IMPACT  
WORKING

MON TUE WED THUR FRI SAT SUN

26	27	28  12:30PM	29	1	2	3
4	5	6  12:30PM	7	8	9	10
11	12	13  12:30PM	14	15	16	17
18	19	20  12:30PM	21	22	23	24
25	26	27  12:30PM	28	29	30	31



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# IMPACT CALENDAR

APRIL 2024

## IMPACT WORKING



### YOGA CLASS

EVERY WEDNESDAY

12.30 PM - 1.15 PM (Wellness Studio)

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### EASTER EGG HUNT

April: Tuesday 2nd

ALL DAY (Communal Areas)

Join us for an egg-citing day of Easter Egg hunting!

MON	TUE	WED	THUR	FRI	SAT	SUN
1	2  ALL DAY	3  12:30PM	4	5	6	7
8	9	10  12:30PM	11	12	13	14
15	16	17  12:30PM	18	19	20	21
22	23	24  12:30PM	25	26	27	28
29	30	1  12:30PM	2	3	4	5

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