



UPCOMING EVENTS IMPACT BRISTOL

Make an impact

IMPACT CALENDAR

AUGUST 2023

IMPACT
WORKING

MON TUE WED THUR FRI SAT SUN

31	1	2  12:30PM	3	4	5	6
7	8	9  12:30PM	10	11	12	13
14	15	16  12:30PM	17	18	19	20
21	22	23  12:30PM	24	25	26	27
28	29	30  12:30PM	31  9:30AM	1	2	3



YOGA CLASS

August: EVERY WEDNESDAY

12.30 PM - 1.15 PM (Wellness Studio)

Stretch it out on the mat, learn different breathing techniques and boost your physical and mental wellbeing.

Claim your spot to attend a free class alongside 9 other yogis. Unprepared? Don't worry, we've got all the accessories you need to get fully immersed in the experience!



BREAKFAST SOCIAL

August: Thursday 31st

9:30am (Main Communal Area)







We will be supplying a range of lovely treats from our local bakery - Farro!

BOOK NOW - Tap on your chosen 'Impact Calendar' event to let us know you're in!

IMPACT CALENDAR

SEPTEMBER 2023

IMPACT
WORKING

MON	TUE	WED	THUR	FRI	SAT	SUN
28	29	30  12:30PM	31	1	2	3
4	5	6  12:30PM	7	8	9	10
11	12	13  12:30PM	14	15	16	17
18	19	20  12:30PM	21	22	23	24
25	26	27  12:30PM	28  9:30AM	29	30	1



YOGA CLASS

September: EVERY WEDNESDAY

12.30 PM - 1.15 PM (Wellness Studio)

Stretch it out on the mat, learn different breathing techniques and boost your physical and mental wellbeing.

Claim your spot to attend a free class alongside 9 other yogis. Unprepared? Don't worry, we've got all the accessories you need to get fully immersed in the experience!



MACMILLAN COFFEE MORNING

September: Thursday 28th

9:30am (Main Communal Area)

Please join us for the 'World's Biggest Coffee Morning' for Macmillan Cancer Support







BOOK NOW - Tap on your chosen 'Impact Calendar' event to let us know you're in!

IMPACT CALENDAR

OCTOBER 2023

IMPACT WORKING

MON TUE WED THUR FRI SAT SUN

2	3	4  12:30PM	5	6	7	8
9	10 	11  12:30PM	12	13	14	15
16	17	18  12:30PM	19	20	21	22
23	24	25  12:30PM	26 	27	28	29
30	31	1  12:30PM	2 5PM	3	4	5



YOGA CLASS

October: EVERY WEDNESDAY

12.30 PM - 1.15 PM (Wellness Studio)

Stretch it out on the mat, learn different breathing techniques and boost your physical and mental wellbeing.

Claim your spot to attend a free class alongside 9 other yogis. Unprepared? Don't worry, we've got all the accessories you need to get fully immersed in the experience!



HALLOWEEN PARTY

October: Thursday 26th

5PM (Main Communal Area)

Get ready to get spooky!

Join us in the main communal area from 5pm for an evening to remember...

And don't forget to bring your costume A-Game!

DATES FOR YOUR DIARY:



WORLD MENTAL HEALTH DAY

Tuesday 10th October

BOOK NOW - Tap on your chosen 'Impact Calendar' event to let us know you're in!